

DISCIPLESHIP PATH

Exploring Phase (Pre-Discipleship)

- Description
 - This is where we are getting to know people and discern where they are at spiritually. We want to move towards people with initiative. This phase is also a time for selection, determining if God is leading you to disciple them moving forward.
- Goals
 - Get to know them and let them get to know you.
 - Explore their spiritual background and current reality.
 - Clarify the gospel by sharing it with them.
 - Invite them into increased involvement in the wider Cru movement.
 - Take them through the Life Concepts as a way to begin the discipleship process.
 - This phase should engage and end with the process of selection.
- Tools
 - Training for this Phase: Cojourners
 - Evangelism Tool: Knowing God Personally booklet
 - Evangelism Tool: God Tools app
 - Life Concepts 1-5

Launch Phase

- Description
 - This is where you get discipleship going.
- Goals
 - Challenge and encourage them to commit to discipleship.
 - Let them know what discipleship is and cast vision for the benefits of discipleship.
 - Communicate your commitments to them and your expectations of them in discipleship.
- Tools
 - Training for this phase: Discipleship Packet
 - Challenge to Discipleship

Foundation Phase

- Description
 - This is where you help establish the foundations of the Christian life. Here you want to clarify the basics of the Christian life. This is where you establish a common language and practices with your disciple that you will be able to build on as discipleship continues. Even if they are already a believer this gets you on the same page with your disciple about what it means to walk with Jesus.
- Goals
 - Establish the basics of the faith.
 - Time in the word, prayer, confession, community, evangelism, etc.
 - The goal here is actual regular practice, not just teach the topic and move on.
 - This may involve repetition of topics before they are established in the life of your disciple.
 - Begin helping them take steps of faith in ministry.
- Topics to Address
 - Prayer
 - Intimacy with Jesus
 - Scripture
 - Community
 - God/Jesus/Holy Spirit/Trinity
 - Confession
 - Evangelism/Testimony

- Eternal Perspective
- Temptation
- Purity/Sexual temptation
- Experiences:
 - Spend time praying with your disciples. Model praying through a psalm or other passage of scripture with them.
 - Do a quiet time with your disciple.
 - Spend time in the Word with them. Model making observations and application.
 - Help them implement a Bible reading plan. Consider using an app (ReadingPlan iOS or Bible Reading Plan android). Or use a printable plan.
 - Take them sharing with the KGP, Soularium, and Perspectives.

Growth Phase

- Notes
 - This where discipleship broadens. The core focuses are still there. Gospel, Community, Mission. Win, Build, Send. Prayer and Scripture. Intimacy with Jesus. But with the core established you can begin to explore other topics. The goal here is increased spiritual maturity. Where do you sense idolatry in their life? Where can they take steps of faith? What areas of the Bible or theology do they not know? How can they be developed as a leader? What do they need to walk with Jesus for a lifetime? The Growth Circles can be helpful to get this phase kicked off.
- Goals
 - Develop them as a leader. Spiritual multiplication is a major goal.
 - Address blindspots and weaknesses.
 - Develop them as increasingly mature believers.
- Tools
 - Diagnosis: Growth Circles
 - COMA Study (5-10 weeks)
 - Tim Keller Idolatry Study (2-3 weeks)
 - Wayne Grudem Systematic Theology Study (3-5 weeks)
- Topics to Address
 - Church Involvement
 - Conflict
 - Decision Making and Discerning God's Will
 - Discipleship
 - Ethnicity and Culture
 - Obedience
 - Pride and Humility
 - Scripture Memory
 - Stewardship
 - Theology
 - Time Management
 - Trials
 - Worry
 - Walking with God post-College
 - Global Mission
- Experiences
 - MAWL (Model, Assist, Watch, Leave)